## **Terms and Conditions/ Rules of Play**

Competition closes at 10am on Monday, 1st February

Entries collated from Facebook, Instagram, Twitter and LinkedIn

Winner will be chosen at random and notified via a Facebook/Instagram/LinkedIn or Twitter direct message

Entrants must be aged 18 or over. FMS employees, their close relatives and anyone connected with the competition are not permitted to enter.

This competition is free to enter. However, participants are expected to pay their own cost of connecting to the website.

Proof of age, identity and eligibility may be required by the winner of the competition.

The competition will run from 22<sup>nd</sup> January to 1<sup>st</sup> February. Entries outside of this period will not count.

You can enter only in the below ways:

- FACEBOOK: LIKE and SHARE this post AND FOLLOW our FMS page.
- **INSTAGRAM:** LIKE and SHARE this post **AND** FOLLOW our FMS page.
- TWITTER: Like or Love this post AND follow our FMS Twitter account
- LINKEDIN: Like or Love this post AND follow our FMS LinkedIn page

Only one winner will be selected, drawn at random.

One vote will be allocated for every channel a participant likes/ loves AND follows. For example, if you like our FB post and follow the FMS Facebook page you will be allocated one vote. If you also like our Instagram post and follow our Instagram account, you will be awarded two votes.

If an individual wants to enter and already follows one of the FMS social channels please simply like/love the post and this will count as a vote/ entry – ie if you are already following FMS you do not need to refollow.

No other method of entry will be accepted.

The winner will be informed via a social media direct message within 24 hours of the closing date.

If, after reasonable attempts a winner cannot be contacted within 5 days of the closing date, that entrant's participation in the competition ends and the prize will be offered to the next randomly selected person and they shall be deemed the winner.

The FMS decision as to entrants taking part and winners is final.

The competition winner agrees to take part in any post-competition publicity if required.

Your details will be handled by FMS in accordance with the Data Protection Act 1998.

All entries must not contain illegal, unlawful, defamatory, obscene, offensive or any other unsuitable material.

FMS reserves the right to: (i) amend these terms and conditions and vary the competition rules including but not limited to the opening and closing times; (ii) disqualify any entrant who breaches the rules, displays rude, insulting or inappropriate behaviour at any point (including prize fulfilment) or has acted fraudulently in any way and (iii) cancel the competition, at any stage, if in its opinion it is deemed necessary or if circumstances arise outside its control.

If a participant receives a winner notification in error, then no prize will be due.

This promotion is in no way sponsored, endorsed, or administered by, or associated with, Facebook, Instagram, Twitter or LinkedIn.